

# Clarity Worksheet

## Top 3 Goals

1 \_\_\_\_\_  
2 \_\_\_\_\_  
3 \_\_\_\_\_



## Time Log

	8am	9am	10am	11am	noon	1pm	2pm	3pm	4pm	5pm	6pm	7pm	8pm
Sun													
Mon													
Tues													
Wed													
Thurs													
Fri													
Sat													
Sun													

Where am I spending most of my time: \_\_\_\_\_

What do I need to change: \_\_\_\_\_